

The Trampoline Coaching Awards scheme has been developing over a 2 year period and the Level 3 has now been finalised and launched.

Between UKCC Level 2 and 3 there are 4 Technical modules.
Cycle 5/6 Coaches will need to attend a Technical update course to bring them to the same skill level as UKCC Level 2 Coaches before attending Technical modules
Update courses are now being advertised on the BG website.

The Level 3 Technical modules are 6 hours per module
Module 1: 1 ¼ somersaults to and from body landings
Module 2: Twisting single somersaults and ballout rudi
Module 3: Training for competition and 1 ¾ front somersault
Module 4: Half out and double back somersaults

Courses are also available to Senior Club Coaches as CPD
These modules are now advertised on the BG website.

Candidates will need to be signed off as competent in teaching the skills. This may be completed as part of the module or alternatively, candidates may practise in their own clubs and then make their own arrangements with a Tutor or Technical expert to be signed off. Only signed off skills may be utilised by competitors in competition. The club is responsible for monitoring this.

The modules must be completed in sequence but candidates do not have to have all skills signed off before attending the next module.

The HPC coaching course will continue for at least 1 more year. There is a course in the SW in the summer and another is planned in the autumn in the Midlands area.

The Trampoline Tutors Conference will be held at Loughborough on September 11 & 12th 2010. This will include reviews of the UKCC levels 1&2 plus other CPD issues.
Tutors are reminded that attendance at least once every 3 years is advised.

New Tutors

Any Level 2 UKCC Trampoline Coaches wanting to become should submit their CV's to their Regional Trampoline Committees. The Committees will recommend names to the Regional Committee for tutor training. Regions have received money from Gymnastics England to finance the training of new tutors. Following the UKCC training, the candidates will need to attend a Trampoline Specific Training Day before embarking on observing other tutors and practising delivery.

Please contact Biz Scales if you are ready for Trampoline Specific training.

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