



Trampoline Coaching Bulletin 2010

UK Coaching Certificate and how it affects Trampoline Clubs January 2010

The ethos behind the new UKCC scheme is to try to bring consistency of content and delivery across all sports. It will ensure that new coaches have an understanding of teaching method and how to make coaching more pupil centred. It is hoped that coaches will be better at developing our sport from beginners to world class. The original 5 levels of trampoline qualifications have been truncated to 4 and so the content at each level is greater. It is hoped that the new delivery in skill families gives coaches a better understanding of how skills relate to each other in the development of techniques. This should mean that coaches should be able to look at a skill and by their understanding of the techniques, be able to work out what the progressive practices might be. The courses are designed to assist coaches in this concept.

The new scheme was introduced in 2008 at Level 1. Level 2 came on stream in August 2009 and Level 3 is due to be introduced in 2011. Between L2 and L3, courses there will be **Technical Modules**. Coaches will be able to continue on to Level 4 technical modules without completing the Level 3 UKCC generic coaching courses..

For competition 2010 the coach who signs in a competitor at grading competition has to be Level 2 (either BG cycles or UKCC) or higher. The club is responsible for ensuring that the skills deployed in competition are competent.

Transfer of Awards:

All coaches continue to be qualified to teach skills within the previous syllabus

BG Assistant Coaches: Will need to:

- attend a UKCC Cycle 5/6 update day before attending a **UKCC Level 2**
- go through the additional skills (H&K turnover to back and $\frac{3}{4}$ front) with a mentor coach before attending a UKCC Level 2 award course. **The Assistant coach will not be qualified to teach these skills until competency is assessed at Level 2**

BG Coaches: will need to:

- attend a skills upgrade to include $\frac{3}{4}$ front and back somersault straight and Barani (piked and Tucked) before attending a Level 3 module
- attend a UKCC Cycle 5/6 update day if they wish to do the full **UKCC Level 3 award**

BG Club Coaches may start Level 3 at module 2 and will need to:

- Attend a UKCC Cycle 5/6 update day if they wish to do the full **UKCC Level 3 award**.

BG Senior Club Coaches will need to:

- Attend the UKCC Cycle 5/6 update day if they wish to opt in to completing the **UKCC Level 3**
- May use the available modules as refresher CPD

BG High Performance Coaches wishing to become **UKCC Level 4** will need to:

- Attend the Triffus module
- Attend the UKCC Cycle 5/6 update day before opting into the full **UKCC Level 4 award:**

Mentors: The new scheme is dependent on the skilful mentoring of candidates in preparation assessments. Clubs should try to have at least 1 trained mentor. There are funds available in the regions for training mentors. Check details with your regional workforce coordinator